

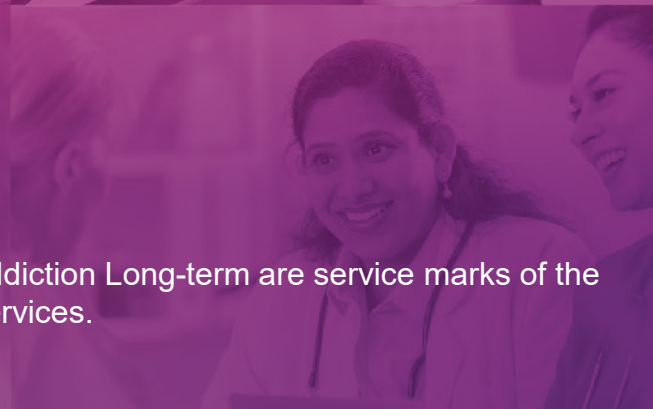


**NIH
HEAL
INITIATIVE**

Housing First

9/2020

K. Kelleher



NIH National Institutes of Health
HEAL Initiative

NIH HEAL Initiative and Helping to End Addiction Long-term are service marks of the U.S. Department of Health and Human Services.

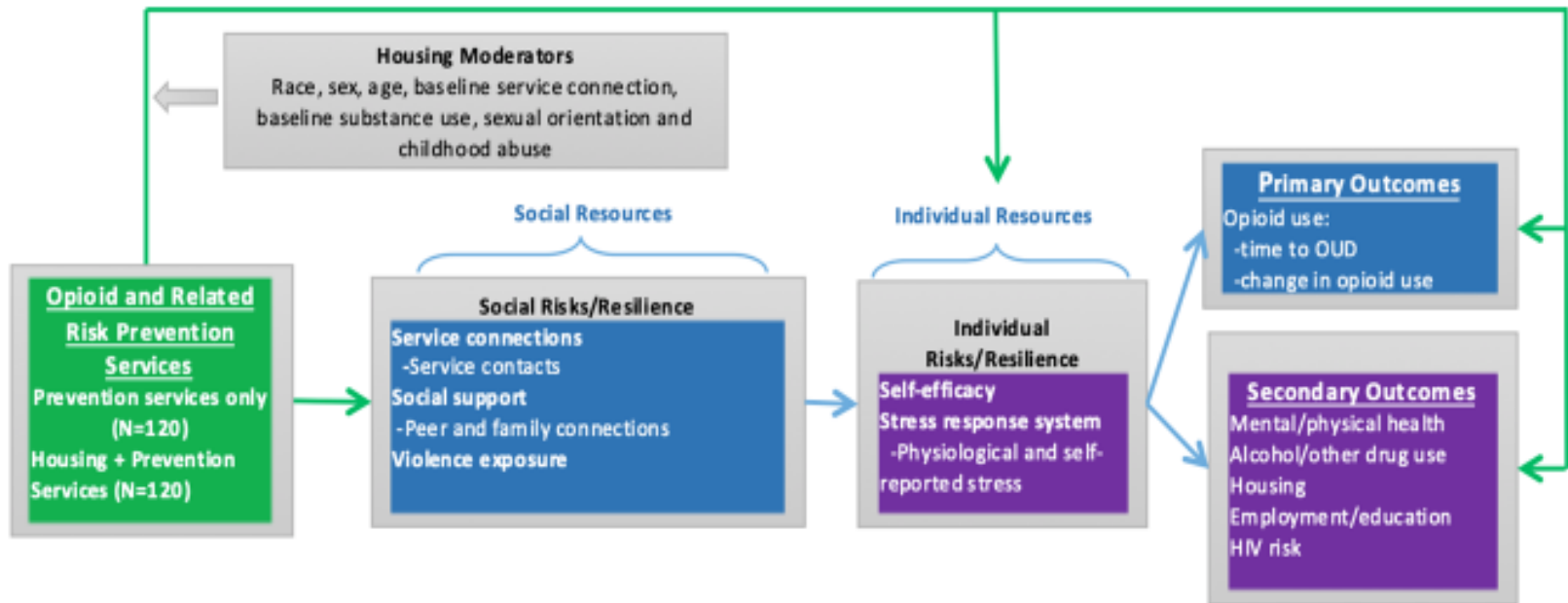
Homelessness and Drug Use

- 2-5 million homeless youth in US (not rare); expect COVID boost
- Overdose deaths increased 200% since 2000 (Rudd, 2016)
- Opioid epidemic disproportionately affected homeless youth; 79% report opioid use (Brands, 2005)

Housing and Prevention

- Prevention focus on family, school or center-based —all difficult for homeless
- Odds of recent hard drug use among homeless HIV positive 4x times higher when remaining homeless (Aidala, 2005)
- Those who obtained housing were 1/2 as likely to use hard drugs and needles, to share needles, and engage in unprotected sex

CONCEPTUAL MODEL



Housing First as Alternative



Core Principles of Housing First

PRINCIPLES AND PRACTICE OF HOUSING FIRST

Choice in Housing and Services

Separation of Housing and Support Services

Array of Services (Service meet Needs)

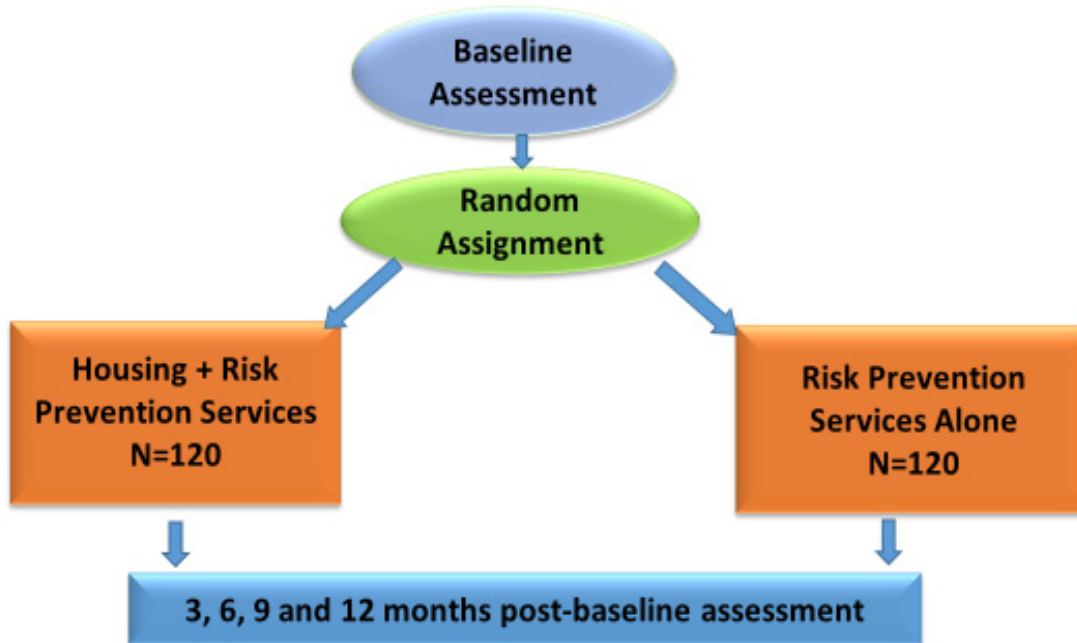
Recovery Orientation

Efficacy of Housing First

- Meta analysis of four best trials (Baxter, 2019)
- Samples (homeless + HIV, MH, or chronic)
- Outcomes
 - Reduced ED
 - Reduced hospital
 - Increased days housed
 - Increased housing at 18 months (2.4 x)
 - Inadequate measures of drug use

Project-Homeless Youth RCT

PHASE II





Questions???