

## HEAL INITIATIVE Thoughts on Mechanisms

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National Institutes of Health HEAL Initiative

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## **Studying Social Determinants**

- Why? To be efficient and effective in intervening
- Goal of "surrogate markers" for social determinants
  - Would allow more rapid assessment of whether policies are working as intended



## **Examples**

- Policies that reduce <u>stigma</u> may increase number of people seeking harm reduction services and treatment.
- Policies that increase <u>housing stability</u> may improve use of harm reduction and treatment services.
- Policies that facilitate <u>income</u> may reduce a range of risky behaviors.

## **Linking Research to Policy**

- NIH should study innovations in these areas to understand mechanisms and predictors of success.
- NIH should communicate about findings including surrogate markers in order to encourage policymakers to act on research.
- Even as we learn more about social determinants, we should make clear there is plenty of available data to act.