# **Career Stage Planning: Early Stage Investigator**

Moving from Postdoc to Junior Faculty

HEALTY

## **NIDA Career Workshop**

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November 9, 2020

# Bearing Career Transition & Advancement in Mind – Planning Early!!



- ➤ Understand hurdles for a timely transition:
  - ✓ Bridge the "K-cliff" by secured funding or collaboration
  - ✓ Expect different review criteria for R01 vs. Ks application
- Plan NOW for a smooth transition ( > 6-9 months is likely insufficient):
  - $\checkmark$  Learn exit options & different career track
  - ✓ Determine timeline, milestones for next stage

# Strategies to Secure NIH Funding



- Build up your vision, long-term interest, direction and expertise
- Build track record for R01 application (pilot data; publication ...)
- Sharpen skillset for successful grant writing:
  - $\checkmark$  A research application is reviewed differently from a training application
  - ✓ Volunteer for <u>NIH CSR Early Career Reviewer Program</u>
  - ✓ Take advantage of any mock review opportunities
- > Show evidence of independence
  - ✓ By publication
  - $\checkmark$  By including a plan of separation from your current mentor
- Leverage resources in supporting navigation:
  - ✓ Mentorship is essential
  - $\checkmark$  Establish network and identify potential collaborators
  - ✓ Active collaboration play roles in a R01 type project in case yours isn't funded timely

# Blending Self-Interest with Funding Agency's Priority

#### Advancing addiction science by supporting scientific research on drug use and its consequences

#### Div. of Neuroscience & Behavior Research Themes:

- Advance the understanding of the genetic, chemical, neurobiological and behavioral mechanisms of drugs of abuse and their long-term consequences.
- Neurobiological bases of reward and the behaviors that characterize the cycle of addiction

#### **Div. of Therapeutics & Medical Consequences:**

- New medications and devices to treat SUD & related conditions;
- Innovative pharmacological and non-pharmacological approaches;
- Valid & reliable outcome measures for clinical trials;

#### Div. of Epidemiology, Services & Prevention Research Seeks Solutions:

- What personal and environmental influences contribute to substance use patterns?
- How does technology contribute to substance use and addiction?
- How can we get more large systems of care to adopt evidence based interventions?
- How can we promote population neuroscience?
- How can we minimize the risk of addiction to opioid analgesics among people suffering from pain?
- How can we better promote evidence-based screening and treatment of HIV related to drug use?

#### AIDS Research Program

Supports high priority research at the intersection HIV/AIDS and substance use disorders

~ 25% NIDA budget

### High Priority Topics for a Funding Agency: Why It Matters?

| Announcement  | NIDA High Priority Topics Notice of Special Interest   |  |  |
|---------------|--|--|--|
| NOT-DA-20-006 | A-20-006 Mentored Career Development Award in Large-Scale Clinical Study Development & Analysis              |  |  |
| NOT-DA-20-046 | Neuroimmune Signaling and Function in Substance Use Disorders  |  |  |
| NOT-DA-20-017 | Harnessing <u>computational tools</u> for sophisticated analyses of Substance Use Disorder-related behaviors |  |  |
| NOT-DA-20-012 | Biomarkers and Biotypes of Drug Addiction  |  |  |
| NOT-DA-20-007 | Preclinical and Clinical Studies of the Interactions of Opioids and Stimulants                               |  |  |
| NOT-DA-19-041 | Health Services and Economic Research on the Treatment of Drug, Alcohol, and Tobacco Use Disorders           |  |  |
| NOT-DA-19-065 | Public Health Research on Cannabis   |  |  |
| NOT-DA-20-039 | Effects of Cannabis Use and Cannabinoids on the Developing Brain   |  |  |

| Career Development Awards<br>Protected time for<br>additional lift/skillset | <b>Research Grants</b><br>Address impactful questions                               |               |
|---|---|---------------|
| Candidate   | Investigator(s)   |               |
| Mentor(s), Co-Mentor(s),<br>Consultant(s), Collaborator(s)                  | Innovation  |               |
| <b>Career Development Plan/Career</b><br>Goals & Objectives                 | <b>Significance</b><br>Will significantly advance science<br>in a particular field? | Research Plan |
| Research Plan   | Approach  |               |
| Environment & Institutional<br>Commitment                                   | Environment   |               |

### Mentored Career Development Awards

|                | <u>K01</u>   | <u>K08</u>                | <u>K23</u>          | <u>K99</u>                          |
|----------------|--|---------------------------|---------------------|-------------------------------------|
| Purpose        | Individuals with doctoral  | individuals with clinical | individuals with    | facilitate a timely transition from |
|                | degree;  | doctoral degree;          | clinical doctoral   | a mentored postdoctoral             |
|                | supervised career  | supervised career         | degree;             | research to an independent          |
|                | development in   | development in biomedical | •                   | (faculty) research position and     |
|                | biomedical, behavioral, or   | and behavioral research,  | development focused | independent research support        |
|                | clinical sciences leading  | including translational   | on patient-oriented |                                     |
|                | to research independence   | research                  | research            |                                     |
|                |  |                           |                     |                                     |
|                | salary   |                           |                     | expenses                            |
| Budget         | research expenses, travel, statistics                              |                           |                     | R00: \$249K total costs             |
|                |  |                           |                     | K99: 2 years                        |
| Project Period | 3-5 years  | 3-5 years                 | 3-5 years           | R00: 3 years                        |
| Renewable      | no   | no                        | no                  | no                                  |
| Foreign Inst   | no   | no                        | no                  | no                                  |
|                |  |                           |                     | plus visa for K99 and/or R00        |
| Eligibility    | citizen; non-citizen national; permanent resident                  |                           |                     | phases                              |
| Other          | never had major grant: e.g. R01, P01, sub-projects 4 years postdoc |                           |                     |                                     |

### Research Project Grants \*\*

|                | R01                  | R03                      | R21  | R15                         |
|----------------|----------------------|--------------------------|--|-----------------------------|
| Purpose        | discrete, specified, | small research projects, | exploratory and developmental              | small-scale research        |
|                | circumscribed        | including pilot and      | research projects in early and             | projects to expose students |
|                | research projects    | feasibility studies;     | conceptual stages;                         | to meritorious research     |
|                |                      | secondary analysis       |  | projects and strengthen the |
|                |                      | of existing data;        | may involve <mark>some risk</mark> but may |                             |
|                | builds on current    | development of research  | lead to breakthrough in field or           | environment;                |
|                | knowledge            | methodology and new      | other methods                              |                             |
|                |                      | technology               | or technical developments                  | institution not major       |
|                |                      | lecinology               | with major impact on field                 | recipient of NIH funding    |
| Budget         | as appropriate       | \$50K/year               | \$275K/entire                              | \$300/entire                |
| Project Period | 5 Years              | 2 years                  | 2 years                                    | 3 years                     |
| Renewable      | yes                  | no                       | no   | yes                         |
| NI/ESI Status  | yes                  | no                       | no   | no                          |
| Foreign Inst   | yes                  | yes                      | yes  | no                          |

\*\* The nature of study, not the size of budget, should guide the decision for one mechanism vs. the other

#### Unique Funding Opportunities for NIDA Early Investigators Science Track Award for Research Transition [START]

|   |              | A/START [AIDS]   | B/START [Behavior]  | C/START [Chemistry]  | I/START [Imaging]   |
|---|--------------|--|---|--|---|
|   | FOA          | PA-18-916 (R03)  | PAR-19-310 [R03]  | PAR-16-383 [R03]   | PAR-18-918 [R03]  |
| < | Targeting PI | New PI (R-s) & ESI   | New & established   | ESI & New  | New & established   |
|   | Purpose      | Facilitate the entry<br>of ESI and newly<br>independent to the<br>area of <u>HIV/AIDS</u><br><u>x SUDs</u> | Seed \$ for innovative<br>hypotheses, models, &<br>methods in clinical and<br>preclinical cognitive, affective,<br>behavioral research on SUD | Support small scale,<br>innovative chemical<br>& pharmacological<br>pilot research<br>projects | Enable entry into<br>neuroimaging field &<br>to conduct small<br>"proof of concept"<br>studies on SUD |
|   | Innovation   | No special need  | Needs to highlight  | Yes  | Standard  |
|   | Direct cost  | 100K/ year /2 years  | 75K/ for 1 year   | 50K/year/2 years   | 150K/ for 1 year  |
|   | Pilot data   | Beneficial   | Optional  | Optional   | Optional  |
|   | Due dates    | Standard dates   | Standard dates  | Standard dates   | Standard dates  |

# NIDA Highly Competitive Opportunities for Well-prepared Mind

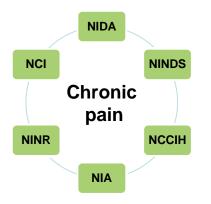
|                               | Avenir CEBRA  |   |
|-------------------------------|---|---|
| FOA PAR-DA-20-224 (DP2)       |   | PAR-18-437 (R21)  |
| Targeting PI                  | Early stage investigator (HIV/AIDS)   | All Pl  |
| Purpose                       | Reduce HIV incidence & comorbidity;<br>improve HIV therapies; eradicating HIV | To foster high risk, high impact, highly innovative & conceptually creative research in addiction science |
| Nexus w/ SUD                  | Must clearly describe   | Must clearly describe   |
| Highly Innovative             | High-risk, High-reward  | Yes   |
| Direct cost 300,000/ year     |   | 275,000/ 2 years  |
| Detailed res. plan            | No need   | Yes   |
| Preliminary data Not required |   | Not required  |
| Funding periods               | 5 years   | 2 years   |
| Next due date Nov 13, 2019    |   | Feb. 11, 2020   |

## NIH Director's Awards Designated to Early Investigators

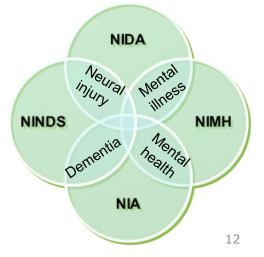
|                                 | New Innovator Award  | Early Independence Award  |
|---------------------------------|--|---|
| FOA                             | RFA-RM-20-012 (DP2)  | RFA-RM-20-014 (DP5)   |
| Targeting PI                    | Early stage investigator   | Postdoctoral researcher   |
| Purpose                         | Supports exceptionally<br>creative early career<br>investigators | Supports outstanding junior postdoc; Eligibility time window: 1) within 15 months of doctoral degree or the ending of clinical training at the time of application; 2) No more than 12 months tenure as a postdoctoral fellow |
| Uniqueness                      | No Specific Aims, rather write essay of proposed research        | Bypass traditional postdoctoral training; Have established a track record of scientific innovation and productivity   |
| Highly<br>Innovative            | High-risk, High-reward   | Yes; High-risk, High-reward   |
| Direct cost/<br>Funding periods | 1.5M/ 5 years  | 250,000/ year for up to 5 years   |
| Research plan                   | No need  | Need detailed research plan   |
| pilot data                      | Not required   | Not required  |

### Honing Expertise to Diversify Grant Support

- Vision and strategy to obtain multiple grants from one or different funding agencies:
  - $\checkmark$  Learn about multiple funding agencies' mission and priorities
  - Expand expertise to address interest shared by multiple NIH ICs & beyond (NSF, private agencies)
    Examples:
    - o Mechanistic study: inflammation, neuroimmune interactions
    - Systems biology/medicine



- Degenerative diseases, pain research
- o Big data / Computational neuroscience
- Project/supplement fund from NIH OD



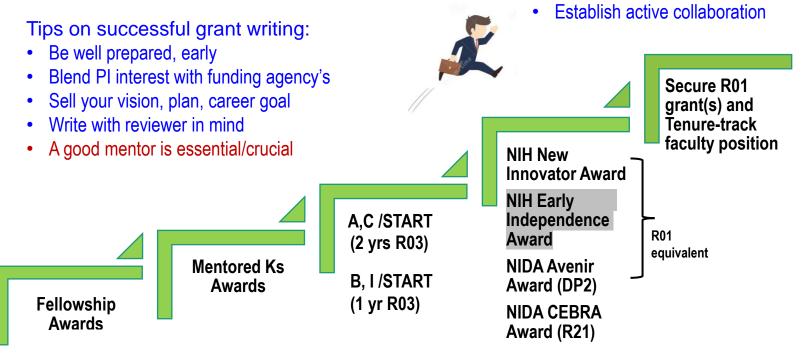
### Have You Talked to a NIH/NIDA PO Lately?

- > About a smooth transition and strategy to secure research funding
  - $\checkmark$  Strategy to separation from your prior mentor
  - $\checkmark$  Networking for active collaboration
- > About other challenges even after a junior faculty position is secured:
  - For the promotion from tenure-track to tenure -- recruit faculty mentors for advice and review progress
  - ✓ For the competing continuation, a renewal of your first R01 often underestimated

### Moving from Postdoc to Junior Faculty

# Plan for transition NOW with exit strategy:

- Build track record (pilot data, publication ...)
- Demonstrate independence



Level of challenge, and required innovation with creativity in research