Tobacco Exposure is Associated with Unique Cell-Type Specific Epigenetic Modifications Across Immune Cell Types

Xiaoyu Liang¹, Vincent C. Marconi², Xinyu Zhang^{3,4}, Bradley E. Aouizerat^{5,6}, Amy C. Justice^{5,7,8}, and Ke Xu^{3,4*}

¹Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI, USA;

²Emory University School of Medicine and Rollins School of Public Health; the Atlanta Veterans Affairs Medical Center, Atlanta, GA, USA;

³Department of Psychiatry, Yale School of Medicine, New Haven, CT, USA;

⁴VA Connecticut Healthcare System, West Haven, CT, USA;

⁵Translational Research Center, College of Dentistry, New York University, New York, NY, USA; ⁶Department of Oral and Maxillofacial Surgery, College of Dentistry, New York University, New York, NY, USA;

⁷Department of Internal Medicine, Yale School of Medicine, New Haven, CT, USA; ⁸Yale School of Public Health, New Haven, CT, USA

Tobacco use impacts immune cell function and composition, potentially influencing cell-typespecific disease progression or early disease detection. This study hypothesizes that smokingassociated CpG DNA methylation varies across cell types and is enriched in genes related to smoking pathogenesis and comorbid conditions. Using computational deconvolution, we obtained cell-type-specific methylation profiles from whole blood and peripheral blood mononuclear cells (PBMCs) without cell sorting. We deconvoluted methylation data from whole blood and PBMC into CD4+ T-cells, CD8+ T-cells, B cells, Natural Killer (NK) cells, monocytes, and granulocytes in three independent cohorts (Ntotal=2,917). Cell-type EWAS of tobacco use was performed in each cohort separately, followed by a meta-EWAS and gene set enrichment analysis for each cell type. In the meta-EWAS analysis, we observed 3,641 differentially methylated positions (DMPs) in PBMC, 335 in CD4+ T-cells, 190 in CD8+ T-cells, 246 in B cells, 115 in NK cells, 222 in monocytes, and 2,015 in granulocytes, all significant at FDR < 0.05. Among these, 31 DMPs were specific to CD4+ T-cells, 3 to CD8+ T-cells, 15 to B cells, 2 to monocytes, and 416 to granulocytes. Smoking-associated cell-type-specific CpG sites were enriched among genes involved in pathways linked to immune cell aging, disruptions in hormonal balance, oxidative stress responses, inflammation, metabolic alterations, and immune differentiation. These findings indicate that cell-specific epigenetic responses to tobacco exposure are common and may be missed using bulk cell EWAS but that deconvolution to cell types can provide insights into how tobacco influences specific immune cell function through epigenomic modifications.