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I am double board-certified in the medical specialties of addiction medicine and psychiatry (with a medical fellowship subspecialty in reproductive psychiatry), board-eligible in clinical informatics, and a yoga instructor. My clinical expertise is in psychopharmacology, women's behavioral health, and lifestyle psychiatry. In 2011, I moved to the DC area from Mayo Clinic to study the effect of sex hormones on mood and behavior at the National Institutes of Health. In 2013, I started my private practice while continuing clinical research. In 2015, I transferred to FDA, where I practice regulatory medicine and continue my private practice. Work outside my private practice includes scientific research, writing, lifestyle medicine, and CME/CEU presentations. I established Gigi Art Prints in 2017 to support my community through art donations/fundraising.