

## **Rajita Sinha, Ph.D.**



Dr. Rajita Sinha, is the Foundations Fund Endowed Professor in Psychiatry and Neuroscience at the Yale University School of Medicine. She is also the Chief of the Psychology Section in Psychiatry and Co-Director of Education for the Yale Center for Clinical Investigation (home of Yale's CTSA). Her PhD was in Biological Psychology and she then retrained in Clinical Psychology and is a licensed Clinical Psychologist with expertise in mood, anxiety and addictive disorders. She has previously served as the Director of Addiction Services at the Connecticut Mental Health Center and is the founding director of the Yale Interdisciplinary Stress Center that focuses on stress, reward and self control mechanisms that promote addiction and chronic disease risk, and development of interventions to address these mechanisms. She is internationally known for her pioneering research on the mechanisms linking stress biology to compulsive seeking, addiction relapse and recovery from addiction. She has also elucidated sex differences in stress biology that affects addiction risk, relapse and recovery. Her research has been supported by a series of NIH funded research projects for over 20 years and she has published over 250 scientific peer reviewed publications in these areas. She currently serves on the NIAAA Advisory Council and also on the Expert Scientific Panel for the NIH Common Fund supported Science of Behavior Change program. She has served on many other NIH special emphasis panels, review committees and workshops, presented at numerous national and international conferences, and her work is widely cited.